



American Heritage School Athletics

Uniform Policy and Commitment Form

In signing this commitment form you and your child agree to follow the Uniform Care and Maintenance Instructions below:

UNIFORM MAINTENANCE AND CARE GUIDE

WASHING

- For uniform longevity and optimal results, wash uniforms immediately after each wearing.
- If washing cannot take place immediately after wearing, uniforms should be rinsed out and hung on rust proof hangers.
- Color migration may occur if wet uniforms are piled for laundry, or placed in travel bags while wet or damp.
- Heavily soiled uniforms should be soaked in cold water with a protein release agent for Maximum of 45 minutes. Uniforms should be washed immediately after presoaking.
 - **DO NOT** wash in warm or hot water, wash **ONLY** in cold water.
 - **DO NOT** wash whites and colors together.
 - **DO NOT** use chlorine bleach.
 - **DO NOT** use fabric softener.
 - **DO NOT** dry, for best results hang dry.

NEW UNIFORM: I agree to care for my uniform according to the above stated guidelines and return it in good condition (i.e.no stains, tears or misuse etc.), or I agree to pay for it.

Parent or Guardian Signature: _____ Student Signature: _____

USED UNIFORM: I agree to care for my uniform according to the above stated guidelines and return it in the condition in which I received it.

Parent or Guardian Signature: _____ Student Signature: _____